

Advisory Council on Aging and Disability Services

618 Second Avenue, Suite 1020, Seattle, Washington 98104-2232 • (206)684-0660 • TTY (206)684-0274 • FAX (206)684-0689
Creating choices for elders and adults with disabilities in Seattle-King County
www.advisorycouncil.org

Monthly Meeting Minutes July 11, 2003

ADVISORY COUNCIL

Present Cleo Corcoran, Martha Becker, Thelma Coney, Adam John, John Kennedy, Larry Low, Will Parry, Helen Spencer, Alexandra Tu, and Larry Verhei
Excused Gabe Cohen, Timmie Faghin, John Holecek, Yolanda Sanchez-Lovato, Suzanne Wiley, and Lisa Yeager
Absent Joanne Brekke, Marc Avni, Steve Colwell and Richard McIver
Guests Ya-Mei Chen, Johnnie L. Fisher, Eileen Murphy, Stephen Lam, Gary Tang, and David Trainer
ADS Staff Rosemary Cunningham, Linda Wells, Margaret Casey, Karen Winston, Joan Ebenal and Ozell Bledsoe
United Way Staff Linda Woodall
King County Staff Ken Shulman

MINUTES

Cleo Corcoran, Chair, convened the July Advisory Council meeting at 12:00 p.m. and asked everyone in attendance to introduce themselves. She introduced the speakers, **Eileen Murphy**, Associate Director, Senior Information & Assistance, **Stephen Lam**, Program Director, Chinese Information & Service Center and **Gary Tang**, Program Director, Asian Counseling & Referral Services.

Topic: "Information & Assistance: Trends, Budgets and Emerging Issues"

Eileen Murphy provided an overview of Senior Services' Senior Information & Assistance (I & A) program. She covered the following:

- 1) The need for information: the growth in the aging population, stagnant funding, an increasing number of choices/decisions for elders and caregivers, the scope and diversity of services, and confusing and complex eligibility requirements and application processes.
- 2) Who calls for help: self-referrals, social & health services, gatekeepers or family members. Call tracking indicates that individuals needing assistance make up the largest percent of callers.
- 3) Basic needs of callers: health care, economic security, housing and long term care

In association with the Area Agency on Aging for Seattle-King County and sponsored by:



City of Seattle



King County

- 4) Building a successful I & A system: requires being comprehensive, responsive, seamless, employing skilled personnel and utilizing technology.

For more information about Senior I&A telephone: 206.448.3110 or see their website: <http://www.seniorservices.org/ina/i&a.htm>.

Gary Tang provided an overview of the Asian Counseling and Referral Service (ACRS), including a demographic profile of the average clients ACRS serves. He also reported on the results of a 2002 Client Satisfaction Survey composed of seven questions in English and translated into seven Asian languages. The survey was mailed to a random sample of 10% of active clients. The Aging and Adult Services (AAS) Program Specialist collected the surveys and had the results tallied. Of the 207 clients to whom the surveys were mailed 78 or 38% completed and returned the surveys. The goal of this quality measure was to attain an 80% client satisfaction. The AAS program met this goal with a satisfaction ranging from 81 - 96% on the 7 questions. For more information about ACRS telephone 206-695-7600 or see their website: <http://www.acrs.org/about/contact.htm>.

Stephen Lam provided an overview of the Chinese Information and Service Center (CISC). He reported on:

- 1) Trends: clients, needs, service delivery format, foster client's learning and self-help potentials and the need for a program use of technology, for example, to meet funding requirements, such as database tracking and management systems.
- 2) Emerging Issues: the Health Insurance Portability and Accountability Act (HIPAA) - flexibility versus confidentiality.
- 3) Certification: program standards and staff qualification,
- 4) Technology Support and Training
- 5) Budget: 95% from contracts, 5% from agency allocation. Currently there are no service fees for clients, and in the agency allocation ratio is expected to increase in the future due to increase in overhead and personnel costs. CISC also plans to generate funds from community and clients, e.g. CISC membership and materials fees to cover cost. For more information about CISC telephone 206.624.5633 or see their website: <http://www.cisc-seattle.org/>

Deleted: J:\ads_everyone\AdvisoryCouncil\AC Monthly Mtgs\August '03 AC Folder\07[2]-11-03 Minutes .doc

BUSINESS MEETING

It was moved/seconded and passed that the June 13th minutes be approved as submitted.

Committee and Task Force Reports:

- **Outreach and Advocacy Committee**

Helen Spencer

- **Helen Spencer** reporting on the Outreach & Advocacy Committee, presented two (2) motions for the Advisory Council's consideration and approval.

1) Suggest key staff from Aging & Disability Services and United Way meet to determine where they can coordinate activities and programs in order to be effective in meeting the elements in the United Way's Objectives and Indicators and the ADS Area Plan. Then, present this coordinated plan to the Advisory Council to gain the members' input on what is most important. After an explanation from United Way staff liaison Linda Woodall on the cooperation and coordination that already exist between United Way and Aging and Disability Services in addressing these service areas, the motion was withdrawn.

2) That staff present Advisory Council members a detailed discretionary fund budget (with financial baseline) classified by service area to include: the subcontracted agencies, the amount given to each agency, key reports, and the contact person for each agency. Include historical costs and the projected costs for the future. Include the process for deciding which agencies will be chosen. Include the role of the Advisory Council in making these choices.

Action Taken: It was moved/seconded and passed as submitted.

In addition, **Helen Spencer** urged all Advisory Council members to write a letter to their Congressional members (both Senate and House) who serve on the Housing committees to urge them to ask the office of Housing and Urban Development (HUD) to spend the unused \$5.2 Billion on housing for elderly persons. It was agreed to do this.

- **Planning and Allocation**

Thelma Coney

- **Thelma Coney** reported that the P&A Committee reviewed and approved the Draft Area Plan Objectives for 2004-07 and is now preparing them for review by the Advisory Council. Since so little time was available at the meeting for discussion of draft objectives, AC members were urged to review the objectives carefully and forward their comments to staff or Thelma before the Sponsors meeting on August 21st. Following the Advisory Council review, the draft objectives will be forwarded to ADS Sponsors for review. The completed Draft Area Plan will be available for public review and comment August 25th thru September 12th.

Deleted: J:\ads_everyone\AdvisoryCouncil\AC Monthly Mtgs\August '03 AC Folder\07[2]-11-03 Minutes .doc

- **Health Care Task Force**

Martha Becker

- **Martha Becker** and **Larry Verhei** reported that the HCTF heard presentations on the topic of ***Strokes: Symptoms, Treatment, and Prevention***. They heard from three registered nurses: **Martha Dennis**, R.N., Northwest Hospital; **Bobbie Reeves**, R.N., West Seattle Fauntleroy United Church of Christ Parish; and **Mary Pat O'Leary**, R.N., Supervisor ADS Case Management Program. Speakers discussed strokes from their own perspectives and work setting experiences. They provided handouts citing the warning signs and risk prevention guidelines for strokes.
- August HCTF meeting is canceled. The next HCTF meeting will be Tuesday, September 2.

- **Director's Report**

Rosemary Cunningham

- ADS Director Pam Piering was absent because she was attending a National Association of Area Agencies on Aging (N4A) Conference (in Baltimore). Rosemary reported that on July 9th Pam Piering and she presented the Area Plan Objectives to the Seattle City Council and will meet with ADS Sponsors on Wednesday, July 16th to present the Area Plan Objectives. She encouraged AC members to attend the Statewide Advisory Council Conference October 23rd at the Seattle-Tacoma Marriott Hotel. She announced that funding has been approved for a White House Conference in early 2005 and asked members to think about ways to provide input into the planning of the event. Regarding the Prescription Drug Bill, she reported that differences between the House and Senate bills are not likely to be resolved in the joint conference between the House and Senate, which means the Prescription Drug Bill will "go back to square one". Lastly, she reported that the Older Americans Act appropriations appears "flat" except there will be a 6-8% increase for Family Caregiving.

The meeting was adjourned at 2:00 p.m.

NEXT MEETING

Deleted: J:\ads_everyone\AdvisoryCouncil\AC Monthly Mtgs\August '03 AC Folder\07[2]-11-03 Minutes .doc

Day/date: **Friday, September 12, 2003**
Time: **12:00 p.m. to 2:00 p.m.**
Place: **13th Floor Conference Room**
Alaska Building, 618 Second Ave
Seattle, WA 98104

John Kennedy, *Secretary-Treasurer* _____

Deleted: J:\ads_everyone\AdvisoryCouncil\AC Monthly Mtgs\August '03 AC Folder\07[2]-11-03 Minutes .doc

| [C:\DOCUME~1\LanglaM\LOCALS~1\Temp\GWViewer\07_2_~1.DOC](#)